**Handwashing Awareness Steps**

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| --- |
| Clinicians name |
| Host Name |
| Date | Base |
| **Steps** | **Tick when complete** |
| ***Handwash preparation:*** |
| Bare below the elbows |  |
| Remove all jewellery |  |
| Reminder: fingernails should be clean, short and free from any nail products |  |
| Clinician to apply Glitter bug spray all over front, back of hands and wrists  |  |
| Host shines UV light on clinicians' hands to show where bugs may sit. This will show up as glittery patches under the light. |  |
| ***Handwashing steps:*** |
| Wet hands thoroughly with water |  |
| Apply enough soap to cover all hand surfaces |  |
| Rub hands palm to palm |  |
| Right palm over the back of the other hand with interlaced fingers and vice versa |  |
| Rub palm to palm with fingers interlaced. |  |
| Back of fingers to opposing palms with fingers interlocked |  |
| Rotational rubbing of left thumb clasped in right palm and vice versa  |  |
| Rotational rubbing, backwards and forwards with clasped fingers of right hand in the left palm and vice versa  |  |
| Rub each wrist with opposite hand |  |
| Rinse hands with water  |  |
| Close tap by using elbow |  |
| Dry thoroughly with paper towels |  |
| Paper towels are disposed of without touching the waste bin lid |  |
| ***Repeat hand check:*** |
| Shine UV light on clean hands and if no white marks show then hands have been cleaned thoroughly |  |
| ***Recording the audit:*** |
| Host to log results on Handwashing Awareness for on Radar  |  |