**Handwashing Awareness Steps**

|  |  |  |
| --- | --- | --- |
| Clinicians name | | |
| Host Name | | |
| Date | Base | |
| **Steps** | | **Tick when complete** |
| ***Handwash preparation:*** | | |
| Bare below the elbows | |  |
| Remove all jewellery | |  |
| Reminder: fingernails should be clean, short and free from any nail products | |  |
| Clinician to apply Glitter bug spray all over front, back of hands and wrists | |  |
| Host shines UV light on clinicians' hands to show where bugs may sit. This will show up as glittery patches under the light. | |  |
| ***Handwashing steps:*** | | |
| Wet hands thoroughly with water | |  |
| Apply enough soap to cover all hand surfaces | |  |
| Rub hands palm to palm | |  |
| Right palm over the back of the other hand with interlaced fingers and vice versa | |  |
| Rub palm to palm with fingers interlaced. | |  |
| Back of fingers to opposing palms with fingers interlocked | |  |
| Rotational rubbing of left thumb clasped in right palm and vice versa | |  |
| Rotational rubbing, backwards and forwards with clasped fingers of right hand in the left palm and vice versa | |  |
| Rub each wrist with opposite hand | |  |
| Rinse hands with water | |  |
| Close tap by using elbow | |  |
| Dry thoroughly with paper towels | |  |
| Paper towels are disposed of without touching the waste bin lid | |  |
| ***Repeat hand check:*** | | |
| Shine UV light on clean hands and if no white marks show then hands have been cleaned thoroughly | |  |
| ***Recording the audit:*** | | |
| Host to log results on Handwashing Awareness for on Radar | |  |